

Ohio State School for the Deaf Menu

WEEK 1	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug
BREAKFAST	Registration Day	TUESDAY Waffles Sausage Links Strawberries Yogurt Juice/Milk	WEDNESDAY French Toast Bacon Peaches Yogurt Juice/Milk	THURSDAY Croissant Sand. Hash Brown Bananas Yogurt Juice/Milk	FRIDAY Stuffed Omlet Bagels Melon Milk
LUNCH	Registration Day	Hamburgers Tater Tots Carrots Strawberries Milk	Sw. Sour Chicken Egg Roll Rice Pineapple Milk	Burrito Bake Roasted Corn Peaches Milk	Pizza Anti-Pasto Salad Side Kick Milk
DINNER	Chicken Tenders Germany Veg. Roasted Pot. Grapes Milk	Country Fried Steak W/Gravy Cauliflower & Chz Fruit Cocktail Milk	Sloppy Joe Zucchini Sticks Melon Milk	Swedish Meatballs Butter Noodles Peas/ Rolls Pears Milk	DORM

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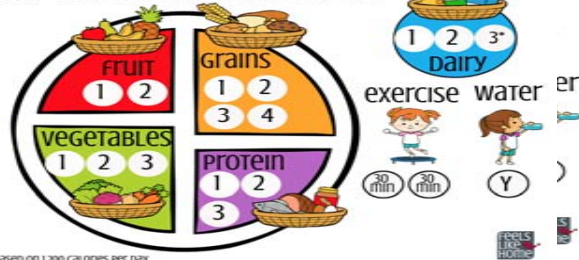
Menu subject to change without notice.

Ohio State School for the Deaf Menu

WEEK 2	26-Aug	27-Aug	28-Aug	29-Aug	30-Aug
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pancakes Sausage Links Pears Yogurt Milk/Juice	English Muffin Bacon Grapes Yogurt Milk/Juice	Cinna Mini Sausage Patty Sliced Oranges Yogurt Milk/Juice	Waffles Scrambled Eggs Fruit Cocktail Yogurt Milk/Juice	Breakfast Burritos Mixed Fruit Yogurt Milk/Juice
LUNCH	Fish Sticks French Fries Coleslaw Fruit Cocktail Milk	Chicken Enchilada Bl. Bean & Corn Salad Chips/ Salsa Pineapple Milk	Manicotti Cass. It. Vegetable Strawberries Milk	Corn Dogs Baked Beans Broccoli Pears Milk	Chicken Nuggets Potato Wedges Carrots Mixed Fruit Milk
	BLT Wraps <i>Chips</i> Veggie Tray & Dip Grapes Milk	Sliced Ham Mac & Cheese California Blend Peaches Milk	Patty Melt Vegetables Mandarine Oranges Milk	Biscuits & Gravy Omlet Melon Milk	DORM
DINNER					

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MY HEALTHY CHECKLIST



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Ohio State School for the Deaf Menu

WEEK 3	2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
BREAKFAST	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NO SCHOOL	French Toast Sausage Patty Peaches Yogurt Milk/Juice	Breakfast Sand. Hash Brown Pineapple Yogurt Milk/Juice	Oatmeal Banana Bread Slice Melon Yogurt Milk/Juice	Scrambled Eggs Sausage Links Muffin Mix Fruit/Yogurt Milk/Juice
LUNCH	Memorial Day NO SCHOOL	Pizza Salad Fruit Milk	BBQ Pork Sand. Corn On the Cob Coleslaw Melon Milk	Meatloaf Mashed Potato Green Beans Pears/Rolls Milk	SpicyChic. Sand Sw.Pot Fries Mixed Veg. Pears Milk
DINNER	NO SCHOOL	B.Chz. Burger Tater Tots California Blend Peaches Milk	Pigs in a Blanket Mac Salad Baked Beans Strawberries Milk	Turkey Club Sand. Celery/Carrots& Dip Chips Pineapple Milk	DORM

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Ohio State School for the Deaf Menu

WEEK 4	9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Sausage Links English Muffin Peaches Yogurt Milk	Chicken & Biscuit Sandwiches Strawberries Yogurt Milk	Ham & Chz Omlet Toast Sliced Oranges Yogurt Milk	Bagels/Chz Sausage Patty Bananas Yogurt Milk	Bacon Scrambled Eggs Pancakes Fruit/Yogurt Milk/Juice
LUNCH	Hot Dogs Scalloped Potatoes Capri Veg. Fruit Cocktail Milk	Salisbury Steak Mashed Potato Carrots/Roll Melon Milk	Pizza Bahama Veg. Grapes Milk	Lasagna Very Gr. Salad Bread Stick Pineapple Milk	Italian Subs Tortilla Soup Pears Milk
DINNER	Chicken Gyros French Fries Fresh Fruit Milk	Grilled Cheese white Chick. Chili Peaches Milk	Walking Tacos Spanish Rice Strawberries Milk	Beef & Noodles Peas & Carrots Roll Grapes Milk	DORM

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WEEK 5	16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	WG Doughnuts Sausage Links Mandarin Oranges Yogurt Milk/Juice	Waffles Scrambled Eggs Sliced Apples Yogurt Milk/Juice	Stuffed Croissant Sliced Oranges Yogurt Milk Juice	Pancakes Fried Ham Kiwi Yogurt Milk/Juice	French Toast Bacon Mixed Fruit Yogurt Milk/Juice
LUNCH	Meatball Sub Sugar Snap Peas Peaches Milk	Chicken Tenders Sw. Pot. Coins Green Beans Strawberries Milk	Tacos Refried Beans Corn Grapes Milk	Grilled Chic. Salad WG. Bread Stick Pineapple Milk	Fish Sandwich French Fries Cole Slaw Pears Milk
DINNER	Panini Vegetables Soup Chips Applesauce Milk	Pork Chops Broccoli Baked Potato Mandarin Oranges Milk	Philly Subs Onion Rings Melon Milk	Quesadilla Spanish Rice Fruit Cocktail Milk	DORM

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